

TREATMENTS MENU

BACK MASSAGE

Massage with relaxing and soothing effects that helps to reduce back, neck and shoulder tension. Encourages rest and blood circulation.

25 minutes - 1 person - €39

LEG CIRCULATORY MASSAGE

A thorough massage that increases blood circulation, combating typical problems in this area such as tired legs or swelling.

25 minutes - 1 person - €39

HEAD AND FACE MASSAGE

The head-face-neck massage has multiple benefits. It relieves tension in the trapezius and neck area, massages the head area and treats it by consciously touching different Traditional Chinese Medicine (TCM) points, relieving headaches, improving sleep and stress, etc. Finally, the TCM points are also used to target different spots on the face, each with its own benefits for the body and mind.

25minutes- 1 person - €39

FOOT REFLEXOLOGY

Our feet reflect all parts of the body. Foot reflexology is the therapy that targets these parts, with specific techniques and pressures, to improve and prevent the overall condition of each body part.

25 minutes- 1 person - €39

RELAXING MASSAGE WITH ESSENTIAL OILS

An exquisite relaxing massage all over the body, starting with the head, using highly beneficial essential oils that allow you to enter into a state of total relaxation.

50 minutes - 1 person - €75

HOT STONE MASSAGE

Full-body massage with hot stones which, apart from its relaxing effect, improves the body's overall circulation.

50 minutes - 1 person - €75

CHIROMASSAGE

A full-body massage using more pressure to relax the muscles and provide a better blood supply to give them the rest they deserve.

50 minutes - 1 person - €75

AYURVEDIC MASSAGE

Originating from India, it stimulates the whole body through specific movements and rhythms, balancing the energies that flow between the body and the mind. Beneficial for all three types of Dosha.

90 minutes- 1 person - €110

CHOCOLATE RITUAL (Full-body massage with chocolate oil)

A beneficial and relaxing fifty-minute full-body massage with chocolate oil, which regenerates and replenishes the skin, slowing down premature skin ageing. Let yourself be carried away by the delicious aroma of chocolate and enjoy three exquisite chocolates at the end of the ritual.

50 minutes - 1 person - €75

DUO RELAX

The perfect massage for couples. While one of you enjoys your moment of relaxation with hot stones on the back, the other is treated to a relaxing head and back massage. Once finished, you switch over so that both of you can enjoy the 2 types of relaxation.

50 min. approx. - 2 people - €89